

Marked Tree High School Breakfast & Lunch

Menu 9-12 October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 <u>Cinn. Toast Crunch/ Poptarts</u> Beefy Nachos/ Pizza Sticks Pinto Beans Salsa Lettuce/Tomato Applesauce Cup/Apple Spanish Rice Milk	2 <u>Sausage Biscuit/ Nutrigrain Bars</u> Chicken & Noodle/ Chicken Fajita Salad English Peas Steamed Carrots Raisels/Pear Cornbread Milk	3 <u>Super Donut/ Powdered Donuts</u> Vegetable Beef Soup/ Rib Sandwich With Crackers Cheese Toast Veggie Sticks/Ranch Mandarin Oranges Orange Milk	4 <u>Cereal Bar/ Rice Krispy Treat</u> Mini Corndogs/ Bacon Cheeseburger Tossed Salad Baked Beans Ranch/Mustard Mixed Fruit/Banana Milk	5 <u>Combo/Snack Mix</u> Crispy Chicken Sandwich/ 6 Inch Sub Sandwich Potato Wedges Lettuce/Tomato Mayo/Ketchup Apple/Juice Carrot Sticks w/Ranch Milk
8 <u>Golden Grahams/ Poptarts</u> Chicken Nuggets/ Bacon Cheeseburger Mashed Potatoes Green Beans Peaches/Apple Roll Milk	9 <u>Sausage Biscuit/ Nutrigrain Bars</u> Chicken Fajita/ Rib Sandwich Lettuce/Tomato Pinto Beans Salsa Pineapple/Pear Spanish Rice Milk	10 <u>Super Donut/ Powdered Donuts</u> Chili w/Crackers/ Hot Dog Veggie Sticks w/Ranch Baked Potato Orange/Apple Cinnamon Roll Milk	11 <u>Cereal Bar/ Rice Krispy Treat</u> Sausage Pizza/Spicy Chicken Sandwich Tossed Salad Ranch Corn on Cob Banana/Orange Milk	12 <u>Honey Bun/Snack Mix</u> Bacon Cheeseburger/ Bosco sticks Sandwich Salad Cup French Fries Ketchup/Mustard Sidekick/Juice Carrots w/Ranch Milk
15 <u>Trix Cereal/ Poptarts</u> Chicken Strips/ Bacon Cheeseburger Diced Potatoes Black-Eyed Peas Applesauce Cup Cornbread/Apple Milk	16 <u>Chicken Biscuit/ Nutrigrain Bars</u> Spaghetti / Cheese Pizza Tossed Salad Baby Carrots Mandarin Oranges Breadsticks/Pear Milk	17 <u>Super Donut/ Chocolate Donuts</u> Salisbury Steak/ Spicy Chicken Sand. Mashed Potatoes Green Beans Raisels/Orange Roll Milk	18 <u>Cereal Bar/ Rice Krispy Treat</u> Corndog/ Rib Sandwich Baked Beans Whole Kernel Corn Mixed Fruit/Banana Mustard Milk	19 <u>Chocolate Chip Muffin/ Snack Mix</u> Hamburger/ 6 Inch Sub Sandwich Sandwich Salad Cup Tater Tots Ketchup/Mustard Apple/Juice Milk
22 <u>Trix Cereal/ Poptarts</u> Country Fried Steak/ Hot Dog Green Beans Mashed Potatoes Peaches/Apple Homemade Roll Milk	23 <u>Chicken Biscuit/ Nutrigrain Bars</u> Taco Tuesday/ Cheese Pizza Pinto Beans Salsa Lettuce/Tomato Pineapple/Pear Milk	24 <u>Super Donut/ Chocolate Donuts</u> Chicken Spaghetti/ Chicken Fajita Salad Tossed Salad Corn on Cob Banana/Orange Homemade Roll Milk	25 <u>Cereal Bar/ Rice Krispy Treat</u> Hot dog/ Rib Sandwich Tater Tots Baked Beans Mustard/Ketchup Orange/Apple Milk	26 <u>Chip Muffin/ Snack Mix</u> Ham & Cheese Sandwich/ Bacon Cheeseburger Lettuce/Tomato Baby Carrots/Celery Chips/Ranch Dressing Sidekick/Juice Milk
29 <u>Cinn. Toast Crunch/ Poptarts</u> Taco Salad/ Bacon Cheeseburger Corn Pinto Beans Salsa Applesauce Cup/Apple Milk	30 <u>Sausage Biscuit/ Nutrigrain Bars</u> Macaroni & Cheese/ Pizza Sticks Turnip Greens Black-eyed Peas Cornbread Raisels/Pear Milk	31 <u>Super Donut/ Powdered Donuts</u> Popcorn Chicken/ Rib Sandwich BBQ Dipping Sauce Mashed Potatoes Green Beans Mandarin Oranges/ Orange/Roll Milk	1 <u>Cereal Bar/ Rice Krispy Treat</u> Pizza Bagel Bites/ Spicy Chicken Sand. Tossed Salad Baby Carrots Ranch Mixed Fruit/Banana Milk	2 <u>Honey Bun/Snack Mix</u> Cheeseburger/ 6 Inch Sub Sandwich Sandwich Salad Cup French Fries Ketchup/Mustard Baby Carrots/Celery Apple/Juice Milk

Marked Tree School District is an equal opportunity provider and employer.

*All Breakfast is served with a Fruit, Juice, and Milk Daily.